The X Plus Quilt Block Pattern
a.k.a Spool Block or Japanese X
(Free version)

Skill level: Confident Beginner

A block pattern from
The Scissortail Quilting Company
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To make the traditional version, you will need 4 fabrics ranging from light to dark.

If you want to make a scrappier version, substitute other fabrics for the 4.5" squares (Piece D).
Block Assembly:

NOTE: For all seams, use a scant 1/4" seam and a 2.0 mm stitch length.

Step 1: Make corner units.
For each corner unit you will need 1 Fabric D piece and two Fabric E pieces. Mark a diagonal line on the wrong side of your Fabric E pieces.

Align an E piece to the corner of a D piece as shown in Figure 1A with right sides together, making sure raw edges match. Sew on the diagonal line and trim seam to 1/4". (Figure 1B) Press towards the dark side. Repeat with 2nd E piece in opposite corner (Figure 1C). Trim and press to the dark side. Your unit should look like Figure 1D and measure 4.5." Repeat steps to make four corner units.

Step 2: Sew together a B Piece to a C Piece as shown below. Repeat to make two BC Units that each measure 2.5" x 4.5"

Step 3: Sew a Piece C to each side of Piece A as shown below. Unit should measure 2.5" x 10.5"

Step 4: Arrange your units as shown below. Sew the blocks in each row together, then sew the rows together.